Bullying is -...
Hurting people repeatedly
Being mean
Leaving people out
Calling names
Passing notes
Making threats
Using power over others
Using weapons
Spreading gossip and rumours

Bullying is...not OK because -
It hurts others
It’s disrespectful
It can cost money
It can involve the police and ambulance
It hurts others peoples’ feelings

What we have learnt about Bullying --
There are different types of bullying – Physical, emotional, sexual, verbal and cyber.
You need to be optimistic when dealing with bullies
Don’t be a bully helper
Responding with violence or bullying back usually just makes the problem worse
If you see bullying, tell someone
You can do things that attract bullies and things that don’t
Bullies use power to make you feel bad or get upset or angry
Bullying is never OK.
You need a toolkit of ideas to use, if you are being bullied.

When we are bullied we can --
Say ‘Stop it, I don’t like it’
Ignore it
Tell a teacher or our parents
Walk away
Joke about it
Say ‘Whatever’
Try to talk to the bully
Play with other people
Get our friends to stay near us.
Tell someone until you're feeling safe

Tool-kit ideas

When someone is being a bully, here’s what will happen --
Staff will talk to the bully about it and tell them to stop.
If Bullying stops - Problem solved - If Not….
Staff will talk to them again, they will be removed from the yard (1 play time) or class (1 learning session) and parents/carers will be sent a note about it
If Bullying stops - Problem solved - If Not….
Staff will talk to them again, they will be removed from the yard (2 play times) or class (whole day) and a meeting will be organised with the parents/carers.
If Bullying stops - Problem solved - If Not….
Student who is being a bully will be suspended from school.